


Wellness Color Key
EMOTIONAL **SOCIAL**
SPIRITUAL **PHYSICAL**
VOCATIONAL
HEALTH SERVICES
INTELLECTUAL
ENVIRONMENTAL

Building Key:
AR=Activity Room
BC=Bistro Café
CH=Chapel
CS=Care Suite
DR=Dining Room
ML=Main Lobby

March 2019



Heathers Manor

1 10:45 Morning Stretch - ML
 12:45 500 Card Club - 3rd Floor
 1:00 Walking Track & Stations-ML
 1:45 Scrabble - Chapel
 3:00 Happy Hour - Main Lobby
3:15 National Women's History Month Jeopardy - ML

 5:45 Nickle Poker Night - AR

2 BINGO
 10:45 Music/Movement
12:45 Choir Rehearsal-ML
2:00 Dime Bingo - AR
 3:00 RB Floats - ML
 5:45 Resident Led Farkle Dice-ML
 6:00 Saturday Night Movie - AR

3 10:30 Chapel with Dan - ML
 12:00 Piano with Darlien - CS
 12:30 Piano with Darlien - ML
 1:00 Afternoon Bridge-3rd FL
2:00 Sunday Family Game Day
 Quarter Prize 'Sea Life Jingo'-AR

 5:45 Nature Film 'Natures Miracle Orphans'

4 Ash Wednesday
 10:45 Morning Stretch - ML
 12:45 500 Card Club - 3rd FL
 **1:00 Tai Chi with Marie - CH** 
 1:45 Group Crossword - AR
 2:15 Scrabble Table Game -CH
3:15 Book Club Meeting - CH
 5:45 Cribbage Club - 3rd Floor

5 9-10:30 Audiologist Steve
 10:15 News & Views - ML
 10:45 Morning Stretch - ML
 12:45 Afternoon Bridge-3rd FL
1:45 Spa Day - AR 'Fancy Nails'

 3:15 Quarter Prize Bingo - AR
3:15 1:1 Music-CS/4:00 Chimes
 6:00 Campus \$ Jackpot - AR

6 Ash Wednesday
 10:45 Morning Stretch - ML
 12:45 500 Card Club - 3rd FL
 **2:00 All Resident Meeting-ML**
3:15 Ash Wednesday Service -CH

 3:30 Rosary with Collette - CH
 5:45 Learn & Try Wii Bowling -AR

7 10:45 Morning Stretch with Corinne or Orlette - ML
 11:15 Devotions with Lisa - CH
1:30 Target Shopping Bus - ML
 1:45 Group Crossword - AR
 3:15 Dime Prize Pokeno - ML
 5:45 Lenten Series w/Resident & Retired Pastor Marshall -CH
 'The Prodigal Son Part 1'

8 10:45 Morning Stretch - ML
 12:45 500 Card Club -3rd FL
1:00 Dale Presents-AR 'Old Ireland'
2:00 More Origami Fun! -CH 'Make A St. Patrick's Day Card'
 3:00 National Women's Day Happy Hour Music - ML
 5:45 Nickle Poker Night -AR

9 BINGO
 10:45 Music/Movement
12:45 Choir Rehearsal-ML
2:00 Dime Bingo - AR
 3:00 RB Floats - ML
 5:45 Resident Led Farkle Dice - ML
 6:00 Saturday Movie -AR

10 Daylight Savings
 **Set Your Clocks Ahead!**
 10:30 Chapel with Dan - ML
 12:00 Piano with Darlien - CS
 12:30 Piano with Darlien - ML
 1:00 Afternoon Bridge-3rd FL
2:00 Sunday Family Game Day Quarter 'Bingo' - AR
 5:45 Wii Bowling Fun - AR

11 Johnny Appleseed Day
 10:00 Almsted's Bus - ML
 10:45 Morning Stretch - ML
 12:45 500 Card Club - 3rd FL
 1:45 Group Crossword - AR
 2:00 Tasting Baking & Social -AR
 'Fresh Apple Crisp, Cider & Tea'
 2:30 Scrabble Table Game -CH
3:15 Book Club Meeting - CH
 5:45 Cribbage Club - 3rd Floor

12 National Pancake Day
 10:15 News & Views - ML
 10:45 Morning Stretch - ML
 12-3 Pastor Jim 1:1 Visits
 12:45 Afternoon Bridge - 3rd FL
1:45 Spa Day - CS 'Fabulous Facials'

 3:15 Quarter Prize Bingo - AR
3:15 1:1 Music Visits - CS
 4:00 Chime Choir - ML

13 Free Campus Event-DR
8-9 Breakfast BINGO
9-10:30 Specialty Bingo
 10:45 Morning Stretch - ML
 11:15 Mass & Communion -CH
 12:45 500 Card Club - 3rd FL
2:30 Shamrock Cookie Decorating - AR

 3:00 Popcorn Social - ML
 3:15 Low Vision Group - CH
 5:45 Learn & Try Wii Bowling -AR

14 National Potato Chip Day
 10:45 Morning Stretch with Corinne or Orlette - ML
 11:15 Devotions with Lisa - CH
12:45 Bird Seed Ornaments - AR

2:15 Group Crossword - AR
 3:15 Dime Prize Pokeno - ML
 5:45 Lenten Series w/Marshall 'The Prodigal Son Part 2' -CH

15 10:30 Men's Coffee Social with AI - BC



 10:45 Morning Stretch - ML
 12:45 500 Card Club - 3rd Floor
 1:45 NHCC Student Fun - ML
2:30 Resident Council Meeting with Roxanne - AR
 3:00 Piano Songs w/Marge -ML
3:15 Bouquet Day - ML All Flowers \$1 Each

 5:45 Nickle Poker -AR

16 BINGO
 10:45 Music/Movement
12:45 Choir Rehearsal-ML
2:00 Dime Bingo - AR
 3:00 RB Floats - ML
 5:45 Resident Led Farkle Dice - ML
 6:00 Saturday Night Movie - AR

17 St. Patrick's Day!

 10:30 Chapel with Dan - ML
 12:00 Piano-CS/12:30 Piano-ML
 1:00 Afternoon Bridge - 3rd FL
2:00 Sunday Family Game Day 'President & 1st lady Jingo'
5:30 Opus Music Academy 'St. Patrick's Performance'-ML

18 National Sloppy Joe Day
 10:45 Morning Stretch - ML
 12:45 500 Card Club - 3rd FL
 **1:00 Tai Chi with Marie - CH** 
 1:45 Group Crossword - AR
2:30 Calvary Lutheran Service
 5:45 Cribbage Club - 3rd Floor

19 10:15 News & Views - ML
 10:45 Morning Stretch - ML
 12:45 Afternoon Bridge - 3rd FL
1:30 Spa Day 'Paraffin Hands'-CS
 3:15 Quarter Prize Bingo - AR
3:15 1:1 Music Visits - CS
 4:00 Chime Choir - ML
 6:00 Campus \$ Jackpot - AR

20 National Ravioli Day
 10:45 Morning Stretch - ML
 12:45 500 Card Club - 3rd FL
 3:00 Popcorn Social - ML
3:15 Watercolor Art Class - AR

 5:45 Learn & Try Wii Bowling - AR

21 10:45 Spring Gate Bus - ML
 10:45 Morning Stretch Corinne or Orlette - ML
 11:15 Devotions with Lisa - CH
 1:45 Group Crossword - AR
 3:15 Dime Prize Pokeno - ML
 5:45 Lenten Series w/Marshall 'The Prodigal Son Part 3' -CH

22 10:45 Morning Stretch - ML
 12:45 500 Card Club -3rd FL
 1:45 Scrabble Table Game -CH
 **3:00 March Birthday Bash Celebration with 'Touching Hearts' - ML**
 5:45 Nickle Poker Night -AR

23 BINGO
 10:45 Music/Movement
12:45 Choir Practice - ML
2:00 Dime Bingo - AR
 3:00 RB Floats - ML
 5:45 Resident Led Farkle Dice - ML
 6:00 Saturday Movie - AR

24 & 31
 10:30 Chapel with Dan - ML
 12:00 Piano with Marge - CS
 12:30 Piano with Marge - ML
 1:00 Afternoon Bridge-3rd FL
2:00 Sunday Family Game Day Quarter Prize 'Pokeno' - AR
 5:45 Wii Bowling Fun - AR


25 *9:30* Almsted's Bus - ML
11:00 Lunch Outing: Claddagh's 'Buy 1 Get 1 Free Fish & Chips'
 10:45 Morning Stretch - ML
 12:45 500 Card Club - 3rd FL
 1:45 Group Crossword - AR
 2:15 Scrabble Table Game -CH
3:15 Book Club Meeting - CH
 5:45 Cribbage Club - 3rd Floor

26 10:15 News & Views -ML
 10:45 Morning Stretch - ML
 12:45 Afternoon Bridge-3rd FL
 1:30 Pastor Jim 1:1 Visits
3:15 1:1 Music Visits - CS
 3:15 Quarter Prize Bingo - AR
4:00 Chime Choir - ML
 6:00 Campus Jackpot - AR

27 12:45 500 Card Club - 3rd FL
1:00 Musical Movie Matinee 'My Fair Lady'-AR

 2:45 Communion & Rosary with Pat - CH
 3:00 Popcorn Social - AR/ML
3:15 National Women's History Month Interactive Program with Mary - AR

28 Black Forrest Cake Day
 10:45 Morning Stretch with Corinne or Orlette - ML
 11:15 Devotions with Lisa - CH
 1:45 Group Crossword - AR
 3:15 Dime Prize Pokeno - ML
 5:45 Lenten Series w/Resident & Retired Pastor Marshall -CH
 'The Prodigal Son Part 4'

29 10:45 Morning Stretch - ML
 12:45 500 Card Club - 3rd Floor
 1:00 Walking Track & Stations-ML
 1:45 Scrabble - Chapel
 3:00 Happy Hour - ML
3:15 National Smoke & Mirrors Day Magic - ML

 5:45 Nickle Poker Night - AR

30 BINGO
 10:45 Music/Movement
12:45 Choir Rehearsal-ML
2:00 Dime Bingo - AR
 3:00 RB Floats - ML
 5:45 Resident Led Farkle Dice - ML
 6:00 Saturday Movie -AR