

THE HEATHERS MANOR

ASSISTED LIVING

Date	Lunch 12:00 - 1:00	Dinner 4:30 - 6:00
Monday July 25th Continental and Hot Breakfast Service 8:00am- 9:30am	<u>Soup of the Day or Fresh Fruit</u> Cheddar Biscuits and Sausage Gravy Or *Shrimp Lime Dill Salad Breadstick Ice Cream Bar or Fresh Cookie	<u>Soup of the Day or Appetizer</u> Lasagna Garlic Bread Or Pork Roast w/Sauerkraut Steamed Potatoes Dessert: Strawberry Pound Cake
Tuesday July 26th Continental and Hot Breakfast Service 8:00am- 9:30am	<u>Soup of the Day or Fresh Fruit</u> Ham Salad on Croissant Corn Chips Or *Greek Gyro w/Greek Yogurt Dressing Shoestring Fries Ice Cream Bar or Fresh Cookie	<u>Soup of the Day or Appetizer</u> Sausage Potato Bake Cheddar Biscuit Or *Broccoli Stuffed Chicken Breast Baked Potatoes Dessert: Tapioca Pudding
Wednesday July 27th Continental and Hot Breakfast Service 8:00am- 9:30am	<u>Soup of the Day or Fresh Fruit</u> Pulled Pork Sandwich Chips Or *Fresh Fruit Plate Yogurt & Scone Ice Cream Bar or Fresh Cookie	<u>Soup of the Day or Appetizer</u> Ham & Potato Hot Dish Or *Kung Pow Chicken Rice Pina Colada Cheesecake
Thursday July 28th Continental and Hot Breakfast Service 8:00am-9:30am	<u>Soup of the Day or Fresh Fruit</u> Sloppy Joes Jo Jo Potatoes Or *Chicken Tenders Potato Salad Ice Cream Bar or Fresh Cookie	<u>Soup of the Day or Appetizer</u> *Spaghetti & Meat Sauce Garlic Bread Or *Baked Salmon Steamed Potatoes Dessert: Caramel Bread Pudding
Friday July 29th Continental and Hot Breakfast Service 8:00am- 9:30am	<u>Soup of the Day or Fresh Fruit</u> Waffle w/Strawberry Sauce Sausage Or *Pepperoni Pizza Side Salad Ice Cream Bar or Fresh Cookie	<u>Soup of the Day or Appetizer</u> Shrimp Fettuccini Alfredo Sauce Garlic Bread Or *Swiss Steak Baked Potato Dessert: Strawberry Rhubarb Crisp
Saturday July 30th Continental Breakfast Service 8:00am 9:30am	<u>Soup of the Day or Peaches</u> Tater Tot Hot Dish Hawaiian Roll Or *Veggie Burgers Cucumber Salad Ice Cream Bar or Fresh Cookie	<u>Soup of the Day or Appetizer</u> Swedish Meatballs Mashed Potatoes Or *Cornish Game Hen Stuffing Dessert of the Day
Sunday July 31st Continental Breakfast Service 8:00am- 9:30am	F a m i l y S u n d a y D i n n e r Served 11:30 am to 1:00 pm	<u>Soup of the Day or Appetizer</u> Ham & Swiss on Croissant Or *Deli Roast Beef Sandwich Cookie

Diabetic Dessert Choices - Please ask your server
 Deli Meat Sandwich Vegetable Sticks available upon request
 Meals marked by* are the healthier meals

