

THE HEATHERS MANOR

ASSISTED LIVING

Date	Lunch 12:00 - 1:00	Dinner 4:30 - 6:00
Monday January 26th Continental and Hot Breakfast Service 8:00am- 9:30am	<u>Soup of the Day or Fresh Fruit</u> Sausage Gravy Over Buttermilk Biscuit Or * Grilled Chicken Sandwich Cucumber Salad Ice Cream Bar or Fresh Cookie	<u>Soup of the Day or Appetizer</u> Pot Roast Mashed Potatoes Or * Baked Salmon Baked Potato Dessert: Vanilla Pudding
Tuesday January 27th Continental and Hot Breakfast Service 8:00am- 9:30am	<u>Soup of the Day or Fresh Fruit</u> Stuffed Baked Potato Or *Turkey Burger Veggie Sticks Ice Cream Bar or Fresh Cookie	<u>Soup of the Day or Appetizer</u> Chicken Taco Bake Or * Boneless Pork Chop w/Applesauce O'Brien Potatoes Strawberries & Cream Cheesecake
Wednesday January 28th Continental and Hot Breakfast Service 8:00am- 9:30am	<u>Soup of the Day or Fresh Fruit</u> Mac & Cheese Ham Bake Or * Pub Fish Sandwich Coleslaw Ice Cream Bar or Fresh Cookie	<u>Soup of the Day or Appetizer</u> Spaghetti & Meatballs Garlic Bread Or * Beef Burgandy Egg Noodles Dessert: Gingerbread Cake
Thursday January 29th Continental and Hot Breakfast Service 8:00am-9:30am	<u>Soup of the Day or Fresh Fruit</u> Turkey Meatloaf Sandwich Or * Chicken Caesar Salad Breadstick Ice Cream Bar or Fresh Cookie	<u>Soup of the Day or Appetizer</u> Oven Fried Chicken Mashed Potatoes & Gravy Or * Shrimp Stir Fry Over Rice Dessert: Pear Crisp
Friday January 30th Continental and Hot Breakfast Service 8:00am- 9:30am	<u>Soup of the Day or Fresh Fruit</u> French Toast Sticks Bacon Or * Pepperoni Pizza Side Salad Ice Cream Bar or Fresh Cookie	<u>Soup of the Day Appetizer</u> Beef Stew Buttermilk Biscuit Or * Baked Cod Wild Rice Blend Bread Pudding w/ Caramel Sauce
Saturday January 31st Continental Breakfast Service 8:00am 9:30am	<u>Soup of the Day or Peaches</u> Chef Choice Casserole Or * Chicken Strips Cole Slaw Ice Cream Bar or Fresh Cookie	<u>Soup of the Day or Appetizer</u> Pork Stroganoff Egg Noodles Or * Country Fried Steak Mashed Potatoes Dessert of the Day
Sunday February 1st Continental Breakfast Service 8:00am- 9:30am	Family Sunday Brunch Buffet Served 11:30 am to 1:00 pm	<u>Soup of the Day or Fresh Fruit</u> *Deli Turkey Sandwich Or Ham & Swiss on a Croissant Dessert of the Day



Diabetic Dessert Choices - Please ask your server
 Deli Meat Sandwich and Vegetable Sticks available upon request
 Meals marked by * are the healthier meals



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BASSETT CREEK RESTAURANT

SUNDAY BRUNCH

11:30- 1:00PM

February 1, 2015

**Seasonal Fresh Fruit Bowl*

**Salad of the Day*

Assorted Breads

Chicken in Creamy Tarragon Sauce

Beer Battered Cod

** Herb Roasted Potatoes*

Egg Bake

Sausage Links

**Vegetable Blend*